

Leominster Living Orchard

Apple Recipes, Activities, Stories & Poems



Apple Song:

Adam Lay Ybounden

Adam lay ybounden,
Bounden in a bond;
Four thousand winter
Thought he not too long.

And all was for an apple,
An apple that he took.
As clerkës finden written
In their book.

Ne had the apple taken been,
The apple taken been,
Ne had never Our Lady,
A-been heaven's queen.

Blessed be the time
That apple taken was!
Therefore we may singen
Deo gratias!